



# Come Join Us to Learn More!

Local 73 is sponsoring a presentation by Advocate Health Systems on Healthy Aging. Bring this invitation to enter our raffle, and join other local 73 retirees who will be learning positive ways to improve their health.

It's never too early or too late to change bad habits and start good ones. No matter when you start, a healthy lifestyle can make a difference in how you feel and what you can do.

where:

Sheet Metal Workers' Local 73  
Union Hall  
4550 Roosevelt Road  
Hillside, IL 60162

when:

September 15, 2017  
2 PM – 3:30 PM

r.s.v.p.

call to reserve a space 708 449-7373

