

**Monthly Self Payment Rates**  
**Effective March 1, 2010**

**Single Coverage**

Years of Service	Age Less Than 60 Years	Age 60 – 61 Years	Age 62 – 64 Years	Age 65 With Subsidy	Age 65 Without Subsidy
35 +	\$208.00	\$190.00	\$126.00	\$125.00	\$182.00
34	\$221.00	\$203.00	\$139.00	\$128.00	\$185.00
33	\$234.00	\$216.00	\$152.00	\$131.00	\$188.00
32	\$247.00	\$229.00	\$165.00	\$134.00	\$191.00
31	\$260.00	\$242.00	\$178.00	\$137.00	\$194.00
30	\$273.00	\$255.00	\$191.00	\$140.00	\$197.00
29	\$286.00	\$268.00	\$204.00	\$143.00	\$200.00
28	\$299.00	\$281.00	\$217.00	\$146.00	\$203.00
27	\$312.00	\$294.00	\$230.00	\$149.00	\$206.00
26	\$325.00	\$307.00	\$243.00	\$152.00	\$209.00
25	\$338.00	\$320.00	\$256.00	\$155.00	\$212.00
24	\$351.00	\$333.00	\$269.00	\$158.00	\$215.00
23	\$364.00	\$346.00	\$282.00	\$161.00	\$218.00
22	\$377.00	\$359.00	\$295.00	\$164.00	\$221.00
21	\$390.00	\$372.00	\$308.00	\$167.00	\$224.00
20	\$403.00	\$385.00	\$321.00	\$170.00	\$227.00
19	\$416.00	\$398.00	\$334.00	\$173.00	\$230.00
18	\$429.00	\$411.00	\$347.00	\$176.00	\$233.00
17	\$442.00	\$424.00	\$360.00	\$179.00	\$236.00
16	\$455.00	\$437.00	\$373.00	\$182.00	\$239.00
15	\$468.00	\$450.00	\$386.00	\$185.00	\$242.00
14	\$481.00	\$463.00	\$399.00	\$188.00	\$245.00
13	\$494.00	\$476.00	\$412.00	\$191.00	\$248.00
12	\$507.00	\$489.00	\$425.00	\$194.00	\$251.00
11	\$520.00	\$502.00	\$438.00	\$197.00	\$254.00
10	\$533.00	\$515.00	\$451.00	\$200.00	\$257.00

**Notes:**

- Family rates are 2 times the above rates if you and your spouse are both under age 65, or if you and your spouse are both over age 65.
- Age categories are based on the Retiree's age as of the Retirement Date.
- For a couple where 1 individual is over 65 (Medicare) and 1 is under 65 (Non-Medicare) ***before March 1, 2010***, the monthly rate is \$306.00 per month. For a couple where 1 individual is over 65 (Medicare) and 1 is under 65 (Non-Medicare) ***on or after March 1, 2010***, the monthly rate is based on the Retiree's age ***plus*** the Spouse's age ***plus*** the number of pension credits the Retiree had at the Retirement Date.
- The monthly self-payment rates decrease as you age and will be based on your age as of March 1<sup>st</sup> of the Calendar Year. For example, if you retired at age 55, your rate will decrease on March 1<sup>st</sup> following the Calendar Year in which you turn age 60, again on March 1<sup>st</sup> following the Calendar Year in which you reach age 62, and finally when you reach age 65.
- Future rates will be based on plan costs.